

The Parish Church of
St Mary the Virgin, Great Shelford



Charity No: 245456

Sunday 3rd March, 2019 - The Sunday Next before Lent
10:00 Parish Communion

Hymns

Opening: 234	Gradual: 178
Offertory: 400	Communion: Gifts of bread and wine
Final: Christ be our light	

Gloria: Hymn 363

Collect:

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

Sanctus/Benedictus:

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth,
Pleni sunt caeli et terra, gloria, gloria tua,
Hosanna in excelsis, Hosanna in excelsis,
Benedictus, benedictus qui venit in nomine,
In nomine Domini.
Hosanna in excelsis, hosanna in excelsis,
Hosanna in excelsis, in excelsis.

Agnus Dei:

Agnus Dei, qui tollis peccata mundi,
Miserere, miserere, miserere nobis.
Agnus Dei, qui tollis peccata mundi,
Miserere, miserere, miserere nobis.
Agnus Dei, qui tollis peccata mundi
Dona nobis pacem,
Pacem.

Settings by Richard Terry Short Mass in C

Hymn: Gifts of bread and wine

1 Gifts of bread and wine, gifts we've offered,
Fruits of labour, fruits of love,
Taken offered, sanctified,
Blessed and broken, words of one who died:

Refrain

*'Take my body,
Take my saving blood.'
Gifts of bread and wine:
Christ our Lord.*

2 Christ our Saviour, living presence here,
As he promised while on earth:
'I am with you for all time,

I am with you in this bread and wine.' *Refrain*

- 3 To the Father, with the Spirit,
One in union with the Son,
For God's people, joined in prayer,
Faith is strengthened by the food we share. *Refrain*

Hymn: Christ, be our light

- 1 Longing for light, we wait in darkness,
Longing for truth, we turn to you.
Make us your own, your holy people,
Light for the world to see.

Refrain

Christ, be our light!
Shine in our hearts.
Shine through the darkness.
Christ, be our light.
Shine in your church gathered today.

- 2 Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has pow'r to save us.
Make us your living voice. *Refrain*

- 3 Longing for food, many are hungry.
Longing for water, many still thirst.
Make us your bread, broken for others,
Shared until all are fed. *Refrain*

- 4 Longing for shelter, many are homeless.
Longing for warmth, many are cold.
Make us your building, sheltering others,
Walls made of living stones. *Refrain*

- 5 Many the gifts, many the people,
Many the hearts that yearn to belong.
Let us be servants to one another,
Making your kingdom come. *Refrain*

08:00 Holy Communion 10:00 Parish Communion

First Reading: Exodus 34. 29 - 35

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterwards all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

Second Reading: 2 Corinthians 3. 12 - 4. 2

Since we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit. Therefore, since it is by God's mercy that we are engaged in this ministry, we do not

lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

Gospel: Luke 9. 28b - 43

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah'—Peter did not know what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' When the voice had spoken, Jesus was found alone. And the disciples kept silent and in those days told no one any of the things they had seen. On the next day, when they had come down from the mountain, a great crowd met him. Just then a man from the crowd shouted, 'Teacher, I beg you to look at my son he is my only child. Suddenly a spirit seizes him, and all at once he shrieks. It throws him into convulsions until he foams at the mouth; it mauls him and will scarcely leave him. I begged your disciples to cast it out, but they could not.' Jesus answered, 'You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here.' While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. And all were astounded at the greatness of God. Everyone was amazed at all that he was doing.

Post Communion Prayer:

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen**



Hello Children Where is Mary Mouse hiding?

Sunday Club meets on the first Sunday of each month. For details contact Gillian, gillian.pett29@gmail.com

We are looking for helpers on an occasional or regular basis.

Toddler group: The Toddler group meetings are suspended from January 2019.

INTERCESSIONS:

Please refer any pastoral concerns for members of the congregation or members of the local community to any member of the Ministry team including our Co-ordinator for Pastoral Services, Mrs Frances Simms. Please pray for the sick, frail, housebound and those in care. Please let the priest in charge know about all cases of sickness and others for whom we should pray. Intentions left in the blue Intercessions Book at the back of the North Aisle will be offered each week at the Parish Communion. If you prefer, you can write your prayer intention on one of the tags provided, and hang it on the prayer tree at the back of church, or light a votive candle.

Cloakroom facilities are available in the Community Room during church services.

Gift Aid Donations: We welcome all donations from visitors and there are Gift Aid envelopes at the back of church. If you pay tax we can reclaim 25p for every pound you donate to the Church at no cost to yourself, if you have completed the declaration on the envelope. For further information, or to join the planned giving scheme, please contact Mrs. Ann Seaman, mobile no. 07710 452647; email juliet.a.seaman@outlook.com

ST. MARY'S GREAT SHELFORD – WEEKLY NEWSLETTER

Cambridge City Foodbank: A reminder that our monthly collection takes place **today**. Please do all you can to support the work of the Foodbank. All donations are appreciated and a list of foods and toiletries most urgently needed can be found on their website - <https://cambridgecity.foodbank.org.uk/give-help/donate-food/>

Marriage preaching: I will have been preaching at the wedding service of a very good friend yesterday near Bury St. Edmunds. I will be back for Evensong this evening.

General Synod: I will give a verbal update on the Feb. Group of Sessions (which concluded on 23rd Feb.) next weekend . Thank you for your prayers and support.

Ash Wednesday - 6th Mar.: Lent this year begins on Wed. 6th Mar. We shall mark the start of the season of repentance and renewal with an opportunity to celebrate the Eucharist and receive the imposition of ashes at all services. The regular 9.30am Holy Communion (BCP) will be held, together with an evening celebration of Holy Communion (CW) at 7.30pm. Do make an effort to come to one of these services so that we can support one another at the start of Lent.

Pilgrim house group has finished its current book of Being Disciples' by Rowan Williams. The last chapter we studied was entitled Life in the Spirit. In this chapter Rowan Williams maintains that to acquire all the fruits of the spirit - love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self- control, we need to work on the following four things 1 increasing our self awareness 2 being still, and listening to God 3 growing in the spirit 4 being joyful - not the same as happy. We talked about different strategies to help with these things and ways of helping each other make these changes.

We are now stopping for Lent and will join the Lent Group when it starts on 12 March. On the 5 March we are meeting for pancakes as it's Shrove Tuesday.

The Way of Life: At our February meeting on the subject "Near death experience" Bob Townsend shared a very moving description of his experiences. He talked about having a vision of the Paradise garden on two separate occasions, firstly looking down from above and secondly as though through an opening door. In both cases he saw a great shining light and felt enveloped by love and peacefulness and a sense of not wanting to leave. This led to a number of interesting questions. Bob was thanked for sharing this with us and leaving us pondering the mystery.

Our March talk will be led by the Rev'd Tim Fyffe on the subject "How people of other faiths pray"

Next Sunday - First Sunday of Lent: As Lent starts, the flavour of our Sunday worship changes to reflect the penitential character of the season. We omit the Gloria, reserving it for the joy of Eastertide and the Sunday Parish Communion service booklet for Lent chooses prayers which help us to think about where we stand before God. The Prayer Book Holy Communion services will use the full version of the Commandments, again helping us to think about our life and actions.

It would be wrong to characterise Lent as a season of gloom. I like to think of it as a chance to take up things, as much as giving things up, in order that we might better serve our neighbours. What we save can then be donated to help others in need (perhaps via the 'Count Your Blessings' Christian Aid initiative). Do please think about what you are going to do as an 'extra' during Lent - perhaps to come along to one of the special Lent activities. I do hope that we all enjoy the coming six weeks and approach Holy Week and Easter knowing better the loving forgiveness of God.

Lent Activities 2019:

Count Your Blessings this Lent with Christian Aid

Celebrate the good things in your life this Lent with a thought-provoking Count Your Blessings calendar. This Lent, reflect each day on the blessings in your life and join in giving thanks. Be inspired by daily opportunities to give, act and pray for communities in need. Enjoy Count Your Blessings as a personal journey or share it with family or friends. Leaflets available for both adults and children at the back of church today.

Lent Breakfast

There will be a Lent breakfast on the 17th and 24th March and 7th and 14th Apr. at 8:45am in the Community Room. This gives an opportunity for those who attend the 8.00am service and those who can arrive early for the 10.00am service to share fellowship over breakfast. A small donation will be asked and all are most welcome to the services and breakfast.

Confirmation: The Deanery is hosting a celebration of Confirmation and Holy Communion in June. All parishes in the Deanery are being invited to prepare and present candidates. If you are an adult or younger person and would like to be Confirmed, please speak to Simon Talbott, Nicola Bown or one of the

