

The Parish Church of  
St Mary the Virgin, Great Shelford



Charity No: 245456

**Sunday 30th August 2020 - The Twelfth Sunday after Trinity**  
**10.00 Parish Communion**

**Hymn: We love the place, O God**

1. We love the place, O God,  
Wherein thine honour dwells;  
The joy of thine abode  
All earthly joy excels.
2. We love the house of prayer,  
Wherein thy servants meet;  
And thou, O Lord, art there  
Thy chosen flock to greet.
3. We love the sacred font,  
For there the holy Dove  
To pour is ever wont  
His blessing from above.
4. We love thine altar, Lord;  
O, what on earth so dear!  
For there, in faith adored,  
We find thy presence near.
5. We love the word of life,  
The word that tells of peace,  
Of comfort in the strife,  
And joys that never cease.
6. We love to sing below  
For mercies freely given;  
But O, we long to know  
The triumph-song of heaven!
7. Lord Jesus, give us grace  
On earth to love thee more,  
In heaven to see thy face,  
And with thy saints adore.

<https://we.com/watch?v=JU-tCzxbBPcww.youtub>

**Hymn: Take up thy cross, the Saviour said**

1. Take up thy cross, the Saviour said,  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.
2. Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.

3. Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
The Lord for thee the Cross endured,  
To save thy soul from death and hell.
4. Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.
5. Take up thy cross, and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.
6. To thee, great Lord, the One in Three,  
All praise for evermore ascend;  
O grant us in our home to see  
The heavenly life that knows no end.

[https://www.youtube.com/watch?v=z8Ys4JGzxW0&list=RDz8Ys4JGzxW0&start\\_radio=1](https://www.youtube.com/watch?v=z8Ys4JGzxW0&list=RDz8Ys4JGzxW0&start_radio=1)

**Collect:**

**Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.**

**Amen**

**8:00 Holy Communion      10:00 Parish Communion**

**Gloria:**

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

**First Reading: Jeremiah 15. 15 - 21**

O LORD, you know; remember me and visit me, and bring down retribution for me on my persecutors. In your forbearance do not take me away; know that on your account I suffer insult. Your words were found, and I ate them, and your words became to me a joy and the delight of my heart; for I am called by your name, O LORD, God of hosts. I did not sit in the company of merrymakers, nor did I rejoice; under the weight of your hand I sat alone, for you had filled me with indignation. Why is my pain unceasing, my wound incurable, refusing to be healed? Truly, you are to me like a deceitful brook, like waters that fail. Therefore, thus says the LORD: If you turn back, I will take you back, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall serve as my mouth. It is they who will turn to you, not you who will turn to them. And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, says the LORD. I will deliver you out of the hand of the wicked, and redeem you from the grasp of the ruthless.

**Second Reading: Romans 12. 9 - 21**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those

who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

### **Gospel: Matthew 16. 21 - 28**

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.' Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? 'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

### **Sanctus/Benedictus:**

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

### **Agnus Dei:**

**Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, grant us peace.**

### **Post Communion Prayer:**

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen**



**Hello Children** Mary Mouse is very happy to see you all back in church again! She is social distancing, so cannot be picked up or touched, but she will be in church every Sunday, see if you can spot her.

**Sunday Club** will not meet until further notice. We will be offering a regular Mary Mouse letter. For details contact Gillian, [gillian.pett29@gmail.com](mailto:gillian.pett29@gmail.com)

### **INTERCESSIONS**

Please refer any pastoral concerns for members of the congregation or members of the local community to any member of the Ministry team including our Co-ordinator for Pastoral Services, Mrs Frances Simms. Please pray for the sick, frail, housebound and those in care. Please let the Vicar know about all cases of sickness and others for whom we should pray.

### **SUPPORTING OUR CHURCH**

Before the pandemic we were already concerned about the increasing financial deficit we have been facing for several years. Some of our regular expenses, eg utilities, have been reduced during lockdown, but ongoing expenses have continued. Additionally the provision of sanitiser products, signage and other purchases connected with providing online services has added costs. Our greatest expense by far is the Ministry Share paid to the Diocese (currently £52,189 pa), which has to be found every month, under all circumstances. We still very much need the support of all our Church members and visitors.

Donations can be made by:

- Parish Giving Scheme (PCC's preferred option)
- Standing Order or Bank transfer
- Donating via the Giving Page on website <https://www.stmarysgreatshelford.org/>
- Traditional envelope donations (posted through the vicarage letterbox, or left in the collection box at the back of church). Please write your PIN on the envelope, if you have one.

To help further, at no cost to yourself, please Gift Aid your donations if you are able. Our Treasurer Pat Brown is happy to assist with any of the above. Contact details: phone 07811 563597 or email: [patbrown2591@yahoo.co.uk](mailto:patbrown2591@yahoo.co.uk) . Thank you very much for all your support.

### From Simon....

It has been good to see many of you on recent Sundays and many thanks for your kind appreciation of the work on our 're-launch' of public services. Please continue to let us have your feedback.

Sincere apologies again that we were not able to make a recording of last Sunday's Parish Communion. This Sunday's service will be recorded and posted on the website as promised.

A few things you need to know ahead of our Sunday services:-

- **Face coverings must be worn by all those attending a place of worship**, including ministers, worshippers, staff, volunteers, contractors and visitors, where there may be other people present; remembering that they are mainly intended to protect other people, not the wearer, from coronavirus and that they are **not** a replacement for physical distancing and regular hand washing.
- If you, or any member of your household or bubble, are showing any symptom of Covid-19, do not come to church.
- If you are at heightened risk from infection by Covid-19 you are advised not to come to church.
- **Use hand sanitiser on entry and exit, and at need.**
- Keep 2m distance between yourself and anyone not of your own household or bubble; when 2m is not possible, additional protection (eg, facemasks) should be used.
- Register your name and contact phone number with the sidespersons at every service.
- The sidespersons will be on hand to direct you to your seat, to invite you to come up to receive communion, and to ensure that 2m social distance is maintained on leaving the church. Worshippers should remain in their seats until otherwise directed by the sidespersons.
- You are asked to catch coughs and sneezes in the crook of your arm, and to leave the church if the coughing or sneezing fit persists. Used tissues should be taken home for safe disposal, to minimise the risk to those cleaning the church.
- The service books provided at each place should not be shared, and should be left on the seat at the end of the service.
- The weekly pew sheet provided at each place, once touched, should be taken home at the end of the service.
- Congregational singing is not permitted at the moment.
- The Peace should be exchanged by gesture only, maintaining 2m distance.
- Communicants should come up to the communion screen via the central aisle, and return to their seats via the side aisles. Those not taking communion are asked to sit in the south aisle pews, so as not to disrupt the through-flow of communicants returning to their seats.
- Regretfully, there will be no Sunday Club or children's activities in church or in the Community Room until further notice.
- Details of how to make your (much appreciated!) donations by contactless means are published in the pew sheet.
- The Community Room will remain closed until further notice; however, the toilets may be used at request during church services. Hand sanitiser must be used on entry, and hands thoroughly washed after using the toilets.

- If you become ill after attending church, please let the vicar or churchwardens know immediately, as well as informing NHS Test and Trace.

Copies of our recently updated full Risk Assessment and Mitigation Measures, of which the above is a précis, are available at the back of church.




---

## ST. MARY'S GREAT SHELFORD - WEEKLY NEWSLETTER

**Evening Prayer:** We have started to offer Evensong according to the Book of Common prayer in church again as an experiment. This will alternate with an Evening Prayer offering by Zoom. Tonight's Evening Prayer will be by Zoom link which will be circulated by email as usual.

**Wed. Holy Communion celebration:** We shall not be restarting the midweek Holy Communion services until the autumn.

**My thanks** to The Rev'd Dr Alasdair Coles for taking services last Sun. morning, which enabled Mary & I to have a final summer break.

### Praying together as a community

At a time when we are all missing meeting to worship together perhaps there are things that we can do to help us feel that we are still a worshipping community, and that we are all thinking of one another. Here are three simple things that we could all do to pray together for each other and our community.

1. At noon each day we could say the Lord's Prayer. You might like to go to the front door and stand in the doorway because we are praying not just for ourselves but for the whole community.

2. If you have a candle, light it at 7pm on Sunday evenings and put it in your front window. Pray for all those who are ill, all those who are alone, and all those who are caring for others. This looks beautiful and is a sign to other people that we are keeping the light of hope for them.

3. In the evenings before bed we could pray for each other, perhaps by saying the wonderful collect for aid against all perils from the Book of Common Prayer.

Lighten our darkness, we beseech thee, O Lord, and by thy great mercy defend us from all perils and dangers of this night, for the love of thy only Son, Jesus Christ our Lord. Amen.

### Services on audio and by Zoom:

Now that we can offer public services, we still want to extend our online offering to those who for very good reason will not yet feel comfortable in attending church. The audio recording of our Sunday service will be on our web site. <http://www.stmarysgreatshelford.org/>

We will continue to offer Evening Prayer on alternate Sundays at 6.30pm by Zoom. The link is circulated each week by email. The next service will be today.

As you listen you can make a Spiritual Communion. The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.



A free phone line of hymns, reflections and prayers



### CONNECTIONS

provides a hymn and reflection.

**Daily HOPE:** This is an excellent national Church of England initiative for those who are especially isolated and do not have access to the internet. **Daily HOPE** is a freephone line, available 24 hours a day on **0800 804 8044**. Callers will hear a special greeting from the Archbishop of Canterbury before being able to choose from a range of options, including Prayer During the Day and Night Prayer updated daily, from Common Worship, and a recording of the Church of England's weekly national online service. A section called Hymn Line will also offer callers a small selection of hymns, updated daily. An option entitled 'Hymns We Love',

**Cambridge City Foodbank:** We will be making a monthly collection **next week, Sunday 6th September**. All donations are appreciated. A list of the foods most urgently needed can be found at the back of church or on the Foodbank website. You can also donate money directly to the Foodbank, the details of how to do so are on the Cambridge City Foodbank website. <https://cambridgecity.foodbank.org.uk/give-help/donate-food/>

**We are delighted to welcome visitors to St Mary's for private prayer and reflection.**

**Sunday 30th August, 2020**  
08:00 Holy Communion (BCP)  
10:00 Parish Communion  
18:30 Evensong by Zoom

**Wed. Holy Communion** Cancelled at present

**Sunday 6th September, 2020**  
08:00 Holy Communion (BCP)  
10:00 Parish Communion  
18:30 Evening Prayer (BCP)

**Vicar:**  
**The Rev'd Simon Talbott** [simon@thetalbotts.co.uk](mailto:simon@thetalbotts.co.uk)  
01223 847068

**Contact Churchwarden:**  
**Mrs. Stella Nettleton** [stella.nettleton@btinternet.com](mailto:stella.nettleton@btinternet.com)  
07763 887953

**Reader/Licensed Lay Minister:**  
**Mrs. Maureen Dobson** [d-mdobson@hotmail.co.uk](mailto:d-mdobson@hotmail.co.uk)  
01223 840076

**Parish Administrator:**  
**Mrs. Katharin Page** [pagekatharin@gmail.com](mailto:pagekatharin@gmail.com)  
07710 518220

**Pastoral Services Co-ordinator**  
**Mrs. Frances Simms** [francesisimms47@gmail.com](mailto:francesisimms47@gmail.com)  
01223 845895

**Children's work contact:**  
**Gillian Pett** [gillian.pett29@gmail.com](mailto:gillian.pett29@gmail.com)

Applications for baptisms, marriages and the calling of Banns of marriage should be made please to the Parish Administrator.

**Small scale marriages and Baptisms are now permitted under quite strict conditions. Please make contact with the Parish Administrator in the first instance.**

**30/08/20**