

The Parish Church of  
St Mary the Virgin, Great Shelford



Charity No: 245456

**Sunday 21st February, 2021 - The First Sunday of Lent**  
**10:00 Parish Communion**

**Opening hymn: Forty days and forty nights**

1. Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted and yet undefiled.
2. Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.
3. Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.
4. And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.
5. So shall we have peace divine,  
Holier gladness ours shall be,  
Round us too shall angels shine,  
Such as ministered to thee.
6. Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.

<https://www.youtube.com/watch?v=9N29ZnwU4LM>

**Kyrie:**

Lord, have mercy, **Lord, have mercy.**  
Christ, have mercy, **Christ, have mercy.**  
Lord, have mercy, **Lord, have mercy.**

**Collect:**

**Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen**

**First Reading: Genesis 9. 8 - 17**

God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy

the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

### **Second Reading: 1 Peter 3. 18 -22**

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

### **Gradual hymn: Songs of thankfulness and praise**

1. Songs of thankfulness and praise,  
Jesu, Lord, to thee we raise,  
Manifested by the star  
To the sages from afar;  
Branch of royal David's stem  
In thy birth at Bethlehem;  
Anthems be to thee address,  
God in Man made manifest.
2. Manifest at Jordan's stream,  
Prophet, Priest, and King supreme;  
And at Cana wedding-guest  
In thy Godhead manifest;  
Manifest in power divine,  
Changing water into wine;  
Anthems be to thee address,  
God in Man made manifest.
3. Manifest in making whole  
Palsied limbs and fainting soul;  
Manifest in valiant fight,  
Quelling all the devil's might;  
Manifest in gracious will,  
Ever bringing good from ill;  
Anthems be to thee address,  
God in Man made manifest.
4. Sun and moon shall darkened be,  
Stars shall fall, the heavens shall flee;  
Christ will then like lightning shine,  
All will see his glorious sign;  
All will then the trumpet hear,  
All will see the Judge appear;  
Thou by all wilt be confest,  
God in Man made manifest.
5. Grant us grace to see thee, Lord,  
Mirrored in thy holy word;  
May we imitate thee now,  
And be pure, as pure art thou;  
That we like to thee may be  
At thy great Epiphany,

And may praise thee, ever blest,  
God in Man made manifest.

<https://www.youtube.com/watch?v=XjT2SPzLw90>

### **Gospel: Mark 1. 9 - 15**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

### **Offertory hymn: Jesu, Lover of my soul**

1. Jesu, Lover of my soul,  
Let me to thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high:  
Hide me, O my Saviour, hide  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.
2. Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah, leave me not alone,  
Still support and comfort me.  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.
3. Thou, O Christ, art all I want,  
More than all in thee I find:  
Raise the fallen, cheer the faint,  
Heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
False and full of sin I am,  
Thou art full of truth and grace.
4. Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.

<https://www.youtube.com/watch?v=XFaiiPv-Q6I>

### **Sanctus/Benedictus:**

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

### **Agnus Dei:**

**Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God, you take away the sin of the world, grant us**

peace.

**Communion hymn: Lord Jesus, think on me**

1. Lord Jesus, think on me,  
And purge away my sin;  
From earthborn passions set me free,  
And make me pure within.
2. Lord Jesus, think on me,  
With care and woe opprest;  
Let me thy loving servant be,  
And taste thy promised rest,
3. Lord Jesus, think on me,  
Amid the battle's strife;  
In all my pain and misery  
Be thou my health and life.
4. Lord Jesus, think on me,  
Nor let me go astray;  
Through darkness and perplexity  
Point thou the heavenly way.
5. Lord Jesus, think on me,  
When flows the tempest high:  
When on doth rush the enemy  
O Saviour, be thou nigh.
6. Lord Jesus, think on me,  
That, when the flood is past,  
I may the eternal brightness see,  
And share thy joy at last.

<https://www.bing.com/videos/search?q=Lord+Jesus+Think+of+Me>

**Post Communion Prayer:**

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

**Final hymn: Lead us, heavenly Father, lead us**

1. Lead us, heavenly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing  
If our God our Father be.
2. Saviour, breathe forgiveness o'er us,  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Self denying, death defying,  
Thou to Calvary didst go.
3. Spirit of our God, descending,  
Fill our hearts with heavenly joy;  
Love with every passion blending,  
Pleasure than can never cloy;  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.



**Hello Children** Mary Mouse is very happy to see you all back in church again! She is social distancing, so cannot be picked up or touched, but she will be in church every Sunday, see if you can spot her.

**Sunday Club** will not meet until further notice. We will be offering a regular Mary Mouse letter. For details contact Gillian, [gillian.pett29@gmail.com](mailto:gillian.pett29@gmail.com)

## INTERCESSIONS

Please refer any pastoral concerns for members of the congregation or members of the local community to any member of the Ministry team including our Co-ordinator for Pastoral Services, Mrs Frances Simms. Please pray for the sick, frail, housebound and those in care. Please let the Vicar know about all cases of sickness and others for whom we should pray.

## SUPPORTING OUR CHURCH

Dear Friends,

As you may by now be aware, even before the pandemic we were concerned about the increasing financial deficit we have been facing for several years. The PCC has now, regretfully, decided (in consultation with the Diocese) to reduce our regular Ministry Share contribution by 50%, to £26,895 this year, in order to halt the ongoing drain on our reserves. This will balance the 2021 budget, but without a substantial increase in income we may well face the same decision in future years, or the money will run out. This decision has not been taken lightly, as it has serious implications for the future life of the parish; Ministry Share goes towards the costs of stipendiary ministry, and failure to meet our Share in full, as well as passing an additional financial burden on to the other parishes in the Deanery, will impact on the provision of a full-time vicar in Great Shelford after Simon's retirement. We would welcome any additional Stewardship support to enable us to meet the full Share asked for by the Diocese, in this and future years, in order to maintain a stipendiary vicar.

Donations can be made by:

- Parish Giving Scheme (PCC's preferred option)
- Standing Order or Bank transfer
- Donating via the Giving Page on website <https://www.stmarysgreatshelford.org/>
- Traditional envelope donations (posted through the vicarage letterbox, or left in the collection box at the back of church). Please write your PIN on the envelope, if you have one.

To help further, at no cost to yourself, please Gift Aid your donations if you are able. Our Treasurer Pat Brown is happy to assist with any of the above. Contact details: phone 07811 563597 or email: [patbrown2591@yahoo.co.uk](mailto:patbrown2591@yahoo.co.uk) .

Thank you very much for all your support.

## ST. MARY'S GREAT SHELFORD - WEEKLY NEWSLETTER

### From Simon

Thank you for continuing to be **highly vigilant** so that we can still offer 'live' worship in church. A reminder that keeping at least a 2m distance and staying in your seats until invited to move **is vital**. Also, please ensure that any social interaction after the service is kept to a minimum and respects the 2m+ distancing. You are all doing very well thus far - thank you for complying.

The situation appears to look less serious in the community as we move into the seventh week of the current lock-down. However, all who are working in the NHS are still under great pressure. The vaccination

programme is making good progress and many people have received both doses by now.

Please keep those working in the NHS in your prayers, together with all those in the education sector as they work hard to offer on line teaching and care for vulnerable children and those from key worker families.

Do take care and look after yourselves in the coming week.



**The First Sunday of Lent:** As Lent starts, the flavour of our Sunday worship changes to reflect the penitential character of the season. We omit the Gloria, reserving it for the joy of Eastertide and the Sunday Parish Communion service booklet for Lent chooses prayers which help us to think about where we stand before God. The Prayer Book Holy Communion services will use the full version of the Commandments, again helping us to think about our life and actions.

It would be wrong to characterise Lent as a season of gloom. I like to think of it as a chance to take up things, as much as giving things up, in order that we might better serve our neighbours. What we save can then be donated to help others in need (perhaps via Christian Aid). Do please think about what you are going to do as an 'extra' during Lent - perhaps attending our on-line Lent Group. I do hope that we all enjoy the coming six weeks and approach Holy Week and Easter knowing better the loving forgiveness of God

### **#LiveLent: God's Story - Our Story**

The Church of England's Lent Campaign for 2021 focuses on daily reflections encouraging all Christians to think about their calling, how to share their faith and reflect on the difference Christ makes in our lives.

We witness to God's story and the impact this has made to our story so that others might also find their story taking on new meaning in the light of God's love. While the current restrictions on daily life necessitated by the pandemic present significant challenges, the suffering and isolation many continue to face make the need for us to share God's love with our communities greater than ever. Rather than just being a Lenten discipline, this year's #LiveLent is a joyful invitation to make witness a normal part of the Christian life, the natural overflow of a life lived in devotion to Christ.

**Lent Group by Zoom:** The Tuesday house group will not be running during Lent but will combine with the parish Lent group. Normal business will resume after Easter on Tuesday 13 April. The parish Lent group will start on Tuesday 23 February at 8pm by Zoom and will run for 5 weeks. The dates of the meetings are 23 February; 2 March; 9 March; 16 March; 23 March.

The meetings will be 1 hour by Zoom. Please contact Simon or Anne for details of the Zoom link. The meeting will be approximately 45 min of teaching and discussion and 15 min of prayer at the end.

We plan to follow Connect - contemporary crises and everyday faith, a series of six booklets exploring the relationship between Christian faith and some of the pressing social issues of our time such as modern slavery, neighbours, waste, food poverty and global warming.

<https://www.dioceseofnorwich.org/resource/connect-booklets/>

You are all warmly invited to attend. There is no need to attend all 5 meetings and just come when you can. Please contact Anne on [anneroberts2020@yahoo.co.uk](mailto:anneroberts2020@yahoo.co.uk) or 07745 562702 for further details.

Anne

**Cambridge Cancer Help Centre:** The Centre is offering free online support sessions to people affected by cancer, including relaxation, mindfulness, fatigue management and Macmillan Hope courses. There is a weekly "Talking Together" social session providing a safe place to chat. A poster displayed in the porch gives further information and full contact details can be found on the CCHC website: <https://www.cambridgecancerhelp.org/> Phone 07909 118 432 or 01223 840105 Monday to Wednesday 10 am to 4pm, or email [contact@cambridgecancerhelp.org](mailto:contact@cambridgecancerhelp.org)

**General Synod Informal Meeting:** Please pray for all those involved with the General Synod as we meet by Zoom for an informal one day session on Sat. 27<sup>th</sup> Feb. The meeting will be reflecting on the current pandemic and its effects on communities and the Church of England. General Synod will meet again in April for a two day meeting by Zoom. This will be a full session with quite a packed agenda.



A free phone line of hymns,  
reflections and prayers



CONNECTIONS

**Daily HOPE:** This is an excellent national Church of England initiative for those who are especially isolated and do not have access to the internet. **Daily HOPE** is a freephone line, available 24 hours a day on **0800 804 8044**. Callers will hear a special greeting from the Archbishop of Canterbury before being able to choose from a range of options, including Prayer During the Day and Night Prayer updated daily, from Common Worship, and a recording of the Church of England's weekly national online service. A section called Hymn Line will also offer callers a small selection of hymns, updated daily. An option entitled 'Hymns We Love', provides a hymn and reflection.

**We are delighted to welcome visitors to St Mary's for private prayer and reflection.**

**Sunday 21st February, 2021**

08:00 Holy Communion (BCP)  
10:00 Parish Communion  
16.00 Evening Prayer by Zoom  
link

**Sunday 28th February, 2021**

08:00 Holy Communion (BCP)  
10:00 Parish Communion  
16.00 Evening Prayer by Zoom  
link

**Vicar:**  
**The Rev'd Canon Simon Talbott**

[simon@thetalbotts.co.uk](mailto:simon@thetalbotts.co.uk)  
01223 847068

**Contact Churchwarden:**  
**Mrs. Stella Nettleton**

[stella.nettleton@btinternet.com](mailto:stella.nettleton@btinternet.com)  
07763 887953

**Reader/Licensed Lay Minister:**  
**Mrs. Maureen Dobson**

[d-mdobson@hotmail.co.uk](mailto:d-mdobson@hotmail.co.uk)  
01223 840076

**Parish Administrator:**  
**Mrs. Katharin Page**

[pagekatharin@gmail.com](mailto:pagekatharin@gmail.com)  
07710 518220

**Pastoral Services Co-ordinator**  
**Mrs. Frances Simms**

[francesjsimms47@gmail.com](mailto:francesjsimms47@gmail.com)  
01223 845895

**Children's work contact:**  
**Gillian Pett**

[gillian.pett29@gmail.com](mailto:gillian.pett29@gmail.com)

Applications for baptisms, marriages and the calling of Banns of marriage should be made please to the Parish Administrator. **21/02/21**