Sunday 6th March, 2022 - The First Sunday of Lent
10:00 Parish Communion

Opening hymn 67: Forty days and forty nights

1. Forty days and forty nights
   Thou wast fasting in the wild,
   Forty days and forty nights
   Tempted and yet undefiled.

2. Sunbeams scorching all the day,
   Chilly dewdrops nightly shed,
   Prowling beasts about thy way,
   Stones thy pillow, earth thy bed.

3. Let us thine endurance share,
   And awhile from joys abstain,
   With thee watching unto prayer,
   Strong with thee to suffer pain.

4. And if Satan, vexing sore,
   Flesh or spirit should assail,
   Thou, his vanquisher before,
   Grant we may not faint nor fail.

5. So shall we have peace divine,
   Holier gladness ours shall be,
   Round us too shall angels shine,
   Such as ministered to thee.

6. Keep, O keep us, Saviour dear,
   Ever constant by thy side,
   That with thee we may appear
   At the eternal Eastertide.

<https://www.youtube.com/watch?v=9N29ZnwU4LM>

Kyrie eleison
Lord have mercy upon us,
Lord have mercy upon us.

Christ have mercy upon us,
Christ have mercy upon us.

Lord have mercy upon us,
Lord have mercy upon us. David Thorne

Collect:
Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen
First Reading: Deuteronomy 26. 1 - 11
Moses spoke to the people, saying: When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God.

Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Second Reading: Romans 10. 8b – 13
What does the scripture say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

Gradual hymn 63: All ye who seek a comfort sure

1. All ye who seek a comfort sure
   In trouble and distress,
   Whatever sorrow vex the mind,
   Or guilt the soul oppress.

2. Jesus, who gave himself for you
   Upon the cross to die,
   Opens to you his sacred heart;
   O to that heart draw nigh.

3. Ye hear how kindly he invites;
   Ye hear his words so blest
   'All ye that labour come to me,
   And I will give you rest.'

4. O Jesus, joy of saints on high,
   Thou hope of sinners here,
   Attracted by those loving words
   To thee I lift my prayer.

5. Wash thou my wounds in that dear blood
   Which forth from thee doth flow;
   New grace, new hope inspire, a new
   And better heart bestow.

<https://www.youtube.com/watch?v=TZop-1xCr2I>

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, “One does not live by bread alone.”' Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory
and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.’ Jesus answered him, ‘It is written, ‘Worship the Lord your God, and serve only him.’’ Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, ‘If you are the Son of God, throw yourself down from here, for it is written, “He will command his angels concerning you, to protect you”, and “On their hands they will bear you up, so that you will not dash your foot against a stone.”’ Jesus answered him, ‘It is said, “Do not put the Lord your God to the test.”’ When the devil had finished every test, he departed from him until an opportune time.

Offertory hymn 383: Jesu, Lover of my soul

1. Jesu, Lover of my soul,
   Let me to thy bosom fly,
   While the nearer waters roll,
   While the tempest still is high:
   Hide me, O my Saviour, hide
   Till the storm of life is past;
   Safe into the haven guide,
   O receive my soul at last.

2. Other refuge have I none,
   Hangs my helpless soul on thee;
   Leave, ah, leave me not alone,
   Still support and comfort me.
   All my trust on thee is stayed,
   All my help from thee I bring;
   Cover my defenceless head
   With the shadow of thy wing.

3. Thou, O Christ, art all I want,
   More than all in thee I find:
   Raise the fallen, cheer the faint,
   Heal the sick, and lead the blind.
   Just and holy is thy name,
   I am all unrighteousness;
   False and full of sin I am,
   Thou art full of truth and grace.

4. Plenteous grace with thee is found,
   Grace to cover all my sin;
   Let the healing streams abound,
   Make and keep me pure within.
   Thou of life the fountain art,
   Freely let me take of thee,
   Spring thou up within my heart,
   Rise to all eternity.

<https://www.youtube.com/watch?v=AvluR3KbPDs>

Sanctus/Benedictus:
Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna, hosanna, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest. David Thorne

Agnus Dei:
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace. David Thorne
Communion hymn: 307: Sweet Sacrament divine

1. Sweet Sacrament divine,
   Hid in thine earthly home,
   Lo, round thy lowly shrine,
   With suppliant hearts we come;
   Jesu, to thee our voice we raise
   In songs of love and heartfelt praise:
   Sweet Sacrament divine.

2. Sweet Sacrament of peace,
   Dear home for every heart,
   Where restless yearnings cease
   And sorrows all depart;
   There in thine ear all trustfully
   We tell our tale of misery:
   Sweet Sacrament of peace.

3. Sweet Sacrament of rest,
   Ark from the ocean's roar,
   Within thy shelter blest
   Soon may we reach the shore;
   Save us, for still the tempest raves,
   Save, lest we sink beneath the waves:
   Sweet Sacrament of rest.

4. Sweet Sacrament divine,
   Earth's light and jubilee,
   In thy far depths doth shine
   The Godhead's majesty;
   Sweet light, so shine on us, we pray
   That earthly joys may fade away:
   Sweet Sacrament divine.

Post Communion Prayer:
Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen

Final hymn The Spirit lives to set us free

1. The Spirit lives to set us free, walk, walk in the light.
   He binds us all in unity, walk, walk in the light.
   Refrain
   Walk in the light, walk in the light
   Walk in the light, walk in the light of the Lord.

2. Jesus promised life to all, walk, walk in the light.
   The dead were wakened by his call, walk, walk in the light. Refrain

3. He died in pain on Calvary, walk, walk in the light,
   To save the lost like you and me, walk, walk in the light. Refrain

4. We know his death was not the end, walk, walk in the light.
   He gave his Spirit to be our friend, walk, walk in the light. Refrain

5. By Jesus’ love our wounds are healed, walk, walk in the light.
   The Father's kindness is revealed, walk, walk in the light. Refrain
6. The Spirit lives in you and me, walk, walk in the light.
   His light will shine for all to see, walk, walk in the light. Refrain
   <https://www.youtube.com/watch?v=8CumpuwbWv4>

SUPPORTING OUR CHURCH

Dear Friends,

As you may by now be aware, even before the pandemic we were concerned about the increasing financial
deficit we have been facing for several years. The PCC has now, regretfully, decided (in consultation with the
Diocese) to reduce our regular Ministry Share contribution by 50%, to £26,895 this year, in order to halt the
ongoing drain on our reserves. This will balance the 2021 budget, but without a substantial increase in income
we may well face the same decision in future years, or the money will run out. This decision has not been
taken lightly, as it has serious implications for the future life of the parish; Ministry Share goes towards the
costs of stipendiary ministry, and failure to meet our Share in full, as well as passing an additional financial
burden on to the other parishes in the Deanery, will impact on the provision of a full-time vicar in Great
Shelford after Simon’s retirement. We would welcome any additional Stewardship support to enable us to meet
the full Share asked for by the Diocese, in this and future years, in order to maintain a stipendiary vicar.
Donations can be made by:

- Parish Giving Scheme (PCC’s preferred option)
- Standing Order or Bank transfer
- Donating via the Giving Page on website https://www.stmarysgreatshelford.org/
- Traditional envelope donations (posted through the vicarage letterbox, or left in the collection box at the
  back of church). Please write your PIN on the envelope, if you have one.

To help further, at no cost to yourself, please Gift Aid your donations if you are able. Our Treasurer Pat Brown
is happy to assist with any of the above. Contact details: phone 07811 563597 or email: patbrown2591@yahoo.co.uk.

Thank you very much for all your support.

ST. MARY'S GREAT SHELFORD - WEEKLY NEWSLETTER

Covid Precautions: As you will have seen in the media in recent days, we are now in the grip of a fourth
wave of Covid caused by the Omicron variant. The following simple guidance should help to reduce the risks
of passing on the variant in the days ahead:-

- **Face masks** - the wearing of face masks in church is again now **compulsory**.
- **Lateral flow testing** - take a simple lateral flow test at home before coming into contact with others.
- **Symptoms** - if you have **any** cold-like symptoms, it would be wise not to attend.

By following these guides we can help ensure that we reduce the risks for others and for ourselves.

Marriage Banns: Please pray for Stephen Chetwynd and Rachel Barltrop whose Ban
ns are being read for
the second time today, as they prepare for their marriage.

Cambridge City Foodbank: Our monthly collection takes place **today**. Please do all you can to support the
work of the Foodbank. All donations are appreciated and a list of foods and toiletries most urgently needed
can be found on the website - https://cambridgecity.foodbank.org.uk/give-help/donate-food/

Memorial bench: It is intended to place a bench in memory of Joan Barnes on the Magog Down so people
can sit and look at the wonder of nature created by God. If anyone would like to make a small contribution
towards this please contact Gillian, Gillian.pett29@gmail.com

Children's Society: Over many, many years, St Mary's has supported this cause, so let's continue. Though
the home collection boxes are now out-dated I am very happy to bank donations (cash or cheques payable to
The Children's Society) from anyone who would like to give to this work. Dorothy

Date for your Diary: Spring Deanery Fair on Saturday 9th April in Shelford Memorial Hall. The Fair will follow
the long established format with Shelford responsible for the Cake stall and refreshments. Full details will
follow.
Food Box: The PCC has agreed to place a Food Box in the church porch containing tins and dried produce. This is in recognition that current conditions are making it difficult for some to make funds stretch to pay for food. We hope that those who need food will take it, and others will share what they have. This is to complement the food collection going to the Food Bank.

Brass cleaning: We are very thankful to Brian Simms who currently cleans the brass in the church, but he would like to step down from this role and we are looking for someone who would like to take this on. Please contact churchwarden@stmarysgreatshelford.org if you would like to volunteer.

Electoral Roll Revision: It is the time of year when we need to revise the church Electoral Roll. Please check that your details are correct on the list at the back of church and let me know if they need to be updated. If your name is not on the list, please take a form from the back of the church and return it to me when it is completed. The revision closes on Sun. 27th March. Thank you. Wendy (Seekings)-m.seekings039@btinternet.com / 01223 843416

The Lent Group: The group will be studying Embracing Justice by Isabelle Hamley, the Archbishop of Canterbury’s suggested Lent Book for 2022. The meetings start on Tuesday 8 March and take place at 1pm via Zoom. [Meeting ID: 839 1398 0767 Passcode: Pilgrim] With apologies for the change to the day and time that was originally planned. It will enable those leading the course to attend. There will be 5 consecutive meetings. Everyone is very welcome. The book is available from Blackwells for £7.99. Please contact Anne or Julie for more details.

Living Ely 2025 Deanery Development Planning Booklets: There are pocket guides and Summary Guides at the back of the church which we encourage everyone to take and read. We will soon be starting to think about our Development Plan and the congregation as a whole can be involved in shaping our future ministry and mission.

Daily HOPE: This is an excellent national Church of England initiative for those who are especially isolated and do not have access to the internet. Daily HOPE is a freephone line, available 24 hours a day on 0800 804 8044. Callers will hear a special greeting from the Archbishop of Canterbury before being able to choose from a range of options, including Prayer During the Day and Night Prayer updated daily, from Common Worship, and a recording of the Church of England’s weekly national online service. A section called Hymn Line will also offer callers a small selection of hymns, updated daily. An option entitled ‘Hymns We Love’, provides a hymn and reflection.

We are delighted to welcome visitors to St Mary's for private prayer and reflection.

Sunday 6th March, 2022
08:00 Holy Communion (BCP)
10:00 Parish Communion
18.30 Evening Prayer by Zoom

Sunday 13th March, 2022
08:00 Holy Communion (BCP)
10:00 Parish Communion
18.30 Evening Prayer by Zoom

Vicar:

Associate Priest
The Rev. Dr. Julie Norris
Revjulienorris@gmail.com
01223 871807

Reader/Licensed Lay Minister:
Mrs. Maureen Dobson
d-mdobson@hotmail.co.uk
Applications for baptisms, marriages and the calling of Banns of marriage should be made please to the Parish Administrator.

06/03/22